

Back to Sleep

By Zoe Foster Blake & Illustrated by Mike Jacobsen

Publisher: Puffin / Penguin

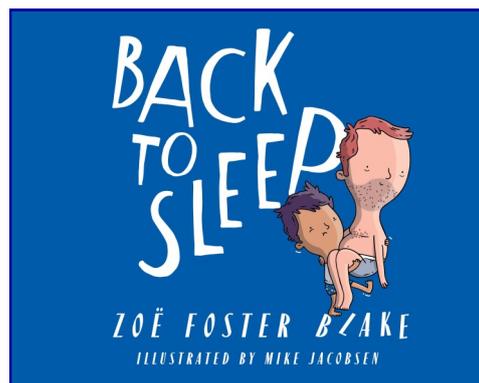
ISBN 9781760897901 SCIS: 1985882

\$19.99

Back to Sleep is a reflection of Zoe Foster Blake's much-loved brand and profile, told with an authenticity and humour born of experience.

Poor Finn is looking forward to drifting off to sleep in his cosy warm bed, when Mummy appears wanting a drink. Finn resettles her and has just fallen asleep, when he's woken again.. this time by Daddy, who's had a bad dream. And so it goes. Just when Finn has one parent back to sleep, the other wakes up! When will these two sleep through the night?

A clever, playful, laugh-out-loud story that celebrates the ups and downs of family life. Kids and parents will enjoy sharing this gorgeous bedtime story.



Themes:

- Families
- Going to Bed
- Role Reversal
- Humour

Discussion Questions and Activities:

- Does the cover of the book tell you what the book will be about?
- What was your first reaction to the illustration on the front?
- Can you relate at all to what is happening in this story?
- What are some of the things that you do or have done in the past to stop going to sleep or to not stay in bed?
- How did Finn feel when his mum and dad wouldn't stay in bed?
- Do you think he reacted just like an adult would to a child doing the same thing? Discuss.
- Why do you think that children might not want to go bed?
- Did you think it was funny to have the 'roles reversed' in this story?
- As a class, brainstorm a list of things that happen in everyday life that might be interesting/humorous to have the roles reversed?
- You might like to role play one of the things that you thought about above.
- How has humour been used in the book to help tell the story?
- Draw the scene that you found to be the funniest from the story.
- Do you think that having a bedtime routine might help children stay asleep?
- Create a poster of your usual bedtime routine, including pictures of what you do each night.